

## VFSS RETREAT SCHEDULE FRIDAY *Sept.29<sup>th</sup>, 2017*

	ALEXANDRA HALL	LONGHOUSE UPSTAIRS	MEDIA ROOM	LONGHOUSE DOWNSTAIRS
4:30 pm	Registration Begins			
6:00-7:00	<i>LIGHT SUPPER ( DINING ROOM)</i>			
7:30-9:30	<b>WELCOME SONG CIRCLE</b>			
9:45 and on	<b>BREAKOUT SESSIONS</b> *Reservable <i>Please sign up at Reg. desk</i>	* Reservable <i>Please sign up at Reg. desk</i>	* Reservable <i>Please sign up at Reg. desk</i>	* Reservable <i>Please sign up at Reg. desk</i>

\*Breakout Sessions-Sign up for a Reservable space if you would like to host any type of song circle, jam session, etc. being as specific as you can about what you have in mind.

Song circles -*Due to concerns about not getting a chance to sing in larger song circles, all circles will start with the leader/s and proceed to the right. Participants can position themselves accordingly.*

### Heads up Info for Hat Bands and Saturday Concert-

Hat Band sign-up (at the desk) from after breakfast Sat. till 1:00pm Hat band groupings will be chosen & announced at lunch. Sign-up sheet for Sat. evening concert is posted in Alexandra Hall from after breakfast till 2:00pm. Each concert slot will be 5 min. long and group collaboration is encouraged.

Family Friendly designation - Our Retreat this year is more family-friendly than ever. Every session time-slot has a family-friendly session (wiggles and squeaks welcome!) that encourages all ages to attend and where movement and a little noise are fine. For quieter sessions that require more focus, attentiveness is requested.

# VFSS RETREAT SCHEDULE SATURDAY Sept 30<sup>th</sup>, 2017

\*FF=Family Friendly

	Alexandra Hall	Longhouse Upstairs	Media Room	Longhouse Downstairs
8:00- 9:15	<i>BREAKFAST (Dining Room)</i>			
9:30-10:50	<p><b>"Songs by Canadian Women Writers."</b> A great way to celebrate our country during this special year  <b>Led by members of the amazing Re-Sisters singing group</b></p> <p><u><b>Song Circle *FF</b></u></p>	<p><b>"Strengthening Your Songs":</b> learn techniques and skills to make your songs connect with an audience  <b>Michael Averill</b>  <u><b>Workshop</b></u></p>	<p><b>"Get Your Yukon!"</b> Extra ukes provided, instruction, and singing. A journey through Canada!</p> <p><b>Steve Britten</b>  <u><b>Song Circle/workshop *FF</b></u></p>	<p><b>"Spite and Malice."</b> Come to the dark side!</p> <p><b>Stoo Born and Allan Davison</b>  <u><b>Song Circle</b></u></p>
11:00-12:20	<p><b>"Folk Song revival of the 50's and 60's."</b> Take a walk down memory lane.</p> <p><b>Harry Ruck</b>  <u><b>Song Circle *FF</b></u></p>	<p><b>"Building a Bigger Table":</b> when you have more than you need, build a bigger table, not higher fences  <b>Jim Edmondson and Madeleine DeLittle</b>  <u><b>Presentation/Song Circle *FF</b></u></p>	<p><b>Open D Slide guitar:</b> learn how to tune, use, and play along with a country blues song. Bring your own slide if possible, some spares provided.  <b>Craig Williams</b>  <u><b>Workshop</b></u></p>	<p><b>"Favourite Songs from Each Province Across Canada."</b> Celebrate Canada's 150<sup>th</sup>!</p> <p><b>Leah Williams, Mark Dowding</b>  <u><b>Presentation/Song Circle *FF</b></u></p>
12:30-1:30	<i>LUNCH (Dining Room) HAT BANDS Announced</i>			
1:45-2:00	<i>GROUP PHOTO</i>			
2:10- 3:20	<p><b>Country Music Sing-along.</b> Pay tribute to your favourite country legends. Songbooks provided. All instruments welcome.  <b>Mary Armitage</b>  <u><b>Singalong *FF</b></u></p>	<p><b>"The Songs of Wade Hemsworth,"</b> famous for "Little Black Fly". Check out his other songs.  <b>Dan Keeton</b>  <u><b>Presentation/Song Circle</b></u></p>	<p><b>Harmony Workshop.</b> Participate in 4-part harmony resistance songs.  <b>Earle Peach and Solidarity Notes Labour Choir</b>  <u><b>Workshop *FF</b></u></p>	<p><b>Breakout Session</b></p> <p><u><b>Reservable</b></u>  <i>Please sign up at Reg. desk</i></p>
3:30-4:40	<p><b>MELODY MAKER MAGIC:</b> Alternate harmonica tunings and their use in folk music - discussion and performance. All instruments welcome.  <b>Mark Dowding</b>  <u><b>Workshop</b></u></p>	<p><b>"In the Face of Oppressors,"</b> songs in which people have expressed spirit, vision, determination, and satire  <b>Lyn Pinkerton and Stoney Bird</b>  <u><b>Presentation/Song Circle</b></u></p>	<p><b>"Life and Times on the West Coast" (aka Cascadia).</b> Bring songs/stories about its history, working life, and wonders.  <b>Brian Robertson</b>  <u><b>Song Circle</b></u></p>	<p><b>Breakout Session</b></p> <p><u><b>Reservable</b></u>  <i>Please sign up at Reg. desk</i></p>
4:45-6:00	<i>HAT BANDS PRACTICE TIME</i>			
6:00-7:00	<i>DINNER (Dining Room)</i>			
7:30-9:45	<i>CONCERT (Alex. Hall)</i>			
9:45-10:15	<i>SNACK TIME ((Alex. Hall)</i>			
10:15 on	<i>BREAKOUT SESSIONS Please sign up at Reg. desk for room allocation + take paper for door sign</i>			

**VFSS RETREAT SCHEDULE SUNDAY Oct. 1<sup>st</sup> 2017 \*FF=Family Friendly**

	<b>Alexandra Hall</b>	<b>Longhouse Upstairs</b>	<b>Media Room</b>	<b>Longhouse Downstairs</b>
<b>8:30-9:30</b>	<i>BREAKFAST (Dining Room)</i>			
<b>9:40-11:00</b>	<b>Black Spirituals and Gospel Singalong</b>  Rick Pollay  <u><i>Singalong *FF</i></u>	<b>Songs of Kate Wolf, Kate Rusby, and other influential female songwriters.</b>  Lynn Applegate  <u><i>Song Circle *FF</i></u>	<b>"Songs of the Sea," a repeat of one of last year's favourites</b>  David Lowe  <u><i>Song Circle</i></u>	<b>Breakout Session</b>  <u>Reservable</u> <i>Please sign up at Reg. desk</i>
<b>11:10-12:40</b>	<b>Shanty Singing session</b>  Elizabeth Dunn  <u><i>Singalong *FF</i></u>	<b>"Songs of Peace," a theme that never gets old! Song sheets provided.</b>  Gary Paine  <u><i>Singalong *FF</i></u>	<b>Traditional songs in the English language, history, and explanations.</b> Part presentation, and time for some song circle  Ken Hamer and Hugh Barr  <u><i>Presentation/Song Circle</i></u>	<b>"Quiet, Calm Songs for Overwhelmed Introverts."</b> A perfect way to end a fun filled weekend!  Cindy Leitner  <u><i>Song Circle</i></u>
<b>12:50-1:00</b>	<i>FINAL SONG CIRCLE &amp; GOODBYES (Alex. Hall )</i>			
<b>1:00-2:00</b>	<i>LUNCH (Dining Room)</i>			
<b>2:00-2:45</b>	<i>FINAL CLEANUP Please bring garbage/ recyclables to Alexander Hall</i>			
<i>Thank you for taking part in the retreat. Please make sure you take ALL your belongings. And may you have a good, safe, song-filled journey home.</i>				