

VFSS RETREAT SCHEDULE FRIDAY 27th September 2019

	ALEXANDRA HALL	LONGHOUSE UPSTAIRS	MEDIA ROOM	LONGHOUSE DOWNSTAIRS
4:30pm	Registration Begins			
6:00-7:00	LIGHT SUPPER IN DINING ROOM			
7:30-9:30	<i>WELCOME SONG CIRCLE</i>			
9:45 p.m. and on Snacks provided in Longhouse kitchen	BREAKOUT SESSIONS *Reservable	* Reservable	* Reservable	* Reservable

***Breakout Sessions-** Sign up for a Reservable space if you would like to host any type of song circle, jam session, etc. being as specific as you can about what you have in mind. You can write directly onto the schedule sheet in the Alexandra Hall.

Song circles - *Due to concerns about not getting a chance to sing in larger song circles, all circles will start with the leader/s and proceed to the right. Participants can position themselves accordingly. (This year, the Media Room will be set up for any attendees preferring a smaller song circle environment.)*

Heads up Info for Hat Bands and Saturday Concert-

Hat Band sign-up (at the desk) will be after breakfast Sat. till 1:00pm Hat band groupings will be chosen & announced at lunch on Saturday. Sign-up sheet for Sat. evening concert will be posted in Alexandra Hall at 9:00 a.m. and remain up until 2:00pm. Each concert slot will be 5 min. long and group collaboration is encouraged.

Family Friendly designation - Our Retreat this year is as family-friendly than ever. Every session time-slot has a family-friendly session, (Wiggles and squeaks welcome!). All ages are encouraged to attend and movement and a little noise are fine. For quieter sessions that require more focus, attentiveness is requested.

VFSS RETREAT SCHEDULE SATURDAY 28th September 2019

*FF=Family Friendly

	Alexandra Hall	Longhouse Upstairs	Media Room	Longhouse Down/strs
8:00- 9:15	BREAKFAST (Dining Room)			
9:30-10:50	SING-ALONG- Betty McBurney with David Jackson, Larry Moore, and Henry Vaughan. Celebrate the songs of Gordon Lightfoot. Booklets available. FF	SONG CIRCLE -HELEN SHILLADAY “How are we gonna keep them down on the farm?” Songs from the field and farm (moo, baa!). FF	SONG CIRCLE- HUGH BARR Celtic Songs and Tunes A wonderful opportunity to sing your favourite traditional songs.	BREAK-OUT SESSION
11:00-12:20	SONG CIRCLE -HARRY RUCK 50’s and 60’s Hootenanny. Come and sing your favourites and share the spirit of these decades. FF	PRESENTATION – SIMON TREVELYAN The Long Road to Freedom. A musical and visual presentation of the fight to end slavery in America. How spirituals and chain gang songs of African Americans were the foundation of many musical traditions in America.	SONG CIRCLE – CLIFF RICE Songs of Gordon Bok. He is a much-loved songwriter and performer and folklorist from Maine, U.S.A. Check out his songs on Youtube then bring along your favorite.	WORKSHOP -- WATSON SETO Ukelele for Folk Songs. How to get started, hands-on lesson. Great for beginners and experienced players. Improving understanding of chord families and song structure. FF
12:30 - 1:30	LUNCH (Dining Room) HAT BANDS Announced			
1:45 - 2:00	GROUP PHOTO			
2:10 - 3:20	WORKSHOP -JEAN STRACHAN A Gift of Song! How to learn and sing a song and make it our own. What does the song bring to you, what do you bring to it? Practical and participatory. FF	SONG CIRCLE – MARIAN BUECHERT“Laugh Tracks!” There won’t be any canned guffaws in this session, just genuine fun and frolics with humorous and light hearted songs.	SONG CIRCLE – KEN HAMER Traditional Folk songs and Ballads about the Human Condition. Bring a song, or just listen to something a bit different.	BREAK-OUT SESSION
3:30-4:40	WORKSHOP – EARLE PEACH Easy four- part Polyphony. Not sure what it is? Well, come and find out and I just bet you will be glad you did! FF	PRESENTATION – GRAHAM BALDWIN Exploring the Blues From the Delta to Chicago and beyond. From early blues pioneers to Chicago trendsetters, through to modern blues. Have your own songs ready to contribute.	SONG CIRCLE- PEGGY STORTZ Sing around the world – from the Red River Valley to the Mountains of Mourne, from the streets of London to the streets of Laredo, from South Australia to the Northwest Passage. Let’s sing our way around this beautiful world of ours! FF	BREAK-OUT SESSION
4:45 - 6:00	HAT BANDS PRACTICE TIME			
6:00 - 7:00	DINNER (Dining Room)			
7:30 - 9:30	CONCERT (Alex. Hall)			
9:45 - 10:15	SNACK TIME (Longhouse kitchen)			
10:30- 12:00	ENGLISH COUNTRY DANCE (Alexandra Hall) Led by CAROL SMITH, accompanied by friends!			
OR 10:15 on	BREAKOUT SESSIONS – use spaces below for details and rooms.			

VFSS RETREAT SCHEDULE SUNDAY 29th September 2019.

*FF=Family Friendly

	Alexandra Hall	Longhouse Upstairs	Media Room	Longhouse Downstairs
8:30-9:30	<i>BREAKFAST (Dining Room)</i>			
9:40-11:00	<p>SINGALONG – MARY ARMITAGE. (no booklets)</p> <p>Gospel Singalong. Praise the Lord! Bring your favorite, “everybody knows”, gospel songs. Small percussion instruments provided. FF</p>	<p>SONG CIRCLE – LYNN APPELEGATE</p> <p>“Songs for the Soul”</p> <p>Bring your best Chicken Soup for the Soul songs and share them around. FF</p>	<p>WORKSHOP – CHARLES WEST</p> <p>An introduction to finger style guitar, folk, blues, and jazz.</p> <p>We shall be playing by ear, and from chord charts rather than from standard musical notation. Some knowledge of chords helpful (ADE, DGA). FF</p>	Breakout Session
11:10-12:40	<p>SINGALONG – RICK POLLAY</p> <p>“Yay, it’s Shanty Time!</p> <p>Here’s your chance to add those harmonies and sing your heart out! FF</p>	<p>SONG CIRCLE – BRIAN ROBERTSON</p> <p>“Unexpected twists and unintended consequences!”</p> <p>Makes you think, doesn’t it?</p>	<p>OFFICIAL JAM SESSION!</p> <p>All instruments welcome (except, perhaps, bagpipes. Sorry Scotty!) Bring familiar songs and play-by-ear stuff.</p>	<p>SONG CIRCLE- CINDY LEITNER</p> <p>Overwhelmed introverts unite</p> <p>Too much raucous singing and loud meals? Come share calm soothing songs to end your retreat.</p>
12:50-1:00	<i>FINAL SONG CIRCLE & GOODBYES (Alex. Hall)</i>			
1:00-2:00	<i>LUNCH (Dining Room)</i>			
2:00-2:45	<i>FINAL CLEANUP</i> Please bring garbage/ recyclables to Alexander Hall			

Thank you for taking part in the retreat. Please make sure you take ALL your belongings. And may you have a good, safe, song-filled journey home.