

## VFSS RETREAT SCHEDULE FRIDAY *Sept.30<sup>th</sup>.2016*

	ALEXANDRA HALL	LONGHOUSE UPSTAIRS	MEDIA ROOM	LONGHOUSE DOWNSTAIRS
5:00 pm	-Registration Begins -Informal Jamming & Singing			
6:30-7:30	<i>POTLUCK ( DINING ROOM)</i>			
7:30-9:30	<i>WELCOME SONG CIRCLE</i>			
9:45 and on	BREAKOUT SESSIONS *Reservable <i>Please sign up at Reg. desk</i>	* Reservable <i>Please sign up at Reg. desk</i>	* Reservable <i>Please sign up at Reg. desk</i>	* Reservable <i>Please sign up at Reg. desk</i>

\*Sign up for a Reservable space if you would like to host a song circle, jam session, etc. and indicate what you have in mind, eg., " an open, anything goes, session, A cappella only, a jump in song circle in which whoever has something to sing just says so, or, or, or.... Be as specific as you can!

### Hats up Info for Hat Bands and Saturday Concert-

Hat Band sign-up from after breakfast Sat. till 1:00pm.

Sign-up sheet for Sat. evening concert is posted in Alexandra Hall from after breakfast till 2:00pm. By request the length of the concert has been shortened. Each concert slot will be 5 min. long and group collaboration is encouraged.

**Family Friendly designation** - Our Retreat this year is more family-friendly than ever. Every session time-slot has a family-friendly session, (Wiggles and squeaks welcome!), that encourages all ages to attend and where movement and a little noise are fine. For quieter sessions that require more focus, attentiveness is requested.

# VFSS RETREAT SCHEDULE SATURDAY Oct. 1st. 2016

\*FF=Family Friendly

	Alexandra Hall	Longhouse Upstairs	Media Room	Longhouse Down/strs
8:00- 9:15	<b>BREAKFAST</b> ( <i>Dining Room</i> )			
9:30-10:50	<b>War: misery, mockery."</b> a combination of humourous & tragic anti-war songs thru the ages- <u><b>half presentation, half open to sharing from others.</b></u> <b>Lyn Pinkerton &amp; Stoney Bird</b>	<b>More Songs from Around the World</b> w/ bonus points for those in another language- <b>Pam Holley &amp; Hugh Barr</b> <u><b>Song circle</b></u>	<b>Cowboy &amp; Pioneer songs;</b> w/ a short initial commentary on the nature of these songs. Participants encouraged to lead their favourites but booklets available if desired. <b>Larry Moore.</b> <u><b>Singalong *FF</b></u>	<b>Songwriters' Circle <u>Workshop</u></b> Song-writers & wannabes are invited to share your song, inspiration, process & secrets. Be prepared to present 1 original song. Sharing time depends on # of participants. <b>Peggy Stortz</b>
11:00-12:20	<b>No Women were harm'd in the making of these songs:</b> Songs by or about women in which they manage to escape death, lasting unhappiness or gen.humiliation <b>Th' Resisters <u>Song C.</u></b>	<b>"Jam without fear!</b> All instruments welcome," <b>Michael Averill</b>  <u><b>Workshop *FF</b></u>	<b>Songs that resonate for us and why.</b> <u><b>Both Presentation and Song sharing on theme</b></u> <b>Madeleine De Little &amp; Jim Edmondson</b>	<b>Breakout Session</b>  <u><b>Reservable</b></u> <i>Please sign up at Reg. desk</i>
12:30-1:30	<b>LUNCH</b> ( <i>Dining Room</i> ) <span style="float: right;"><b>HAT BANDS Announced</b></span>			
1:45-2:00	<b>1. TICKET DRAW FOR PRIZES !!!!!!!</b> ( <i>Alex. Hall</i> )		<b>2. GROUP PHOTO</b>	
2:10- 3:20	<b>"Percussive Music"</b> - ever wondered what drives the Bo Diddley Beat? Bring your voices & instruments incl. percussion, & we'll delve into some hand jive & syncopation. All welcome! <b>Barry Truter</b> <u><b>Workshop * FF</b></u>	<b>Cascadiana:</b> Songs of Our Local History" with a nod toward the Phil Thomas collection. <b>Brian Robertson</b>  <u><b>Song circle</b></u>	<b>Broadway song circle;</b> booklets provided; pick a song, or ask someone to help lead a favourite song. Solos encouraged. <b>Betty McBurney &amp; Henry Vaughan</b> <u><b>Singalong/Song Circle</b></u>	<b>Breakout Session</b>  <u><b>Reservable</b></u> <i>Please sign up at Reg. desk</i>
3:30-4:40	<b>African American field hollers, The pre-cursors to spirituals.</b> A little bit of history & learning 3 call and response songs, along with the clapping rhythms. Plus some dancing. <b>Simon Trevelyan</b> <u><b>Workshop * FF</b></u>	<b>"Legacy;</b> Songs that celebrate the Beauty of Nature as Home"  <b>Theda Phoenix</b>  <u><b>Song Circle</b></u>	<b>Songs of Gordon Lightfoot</b>  <b>Dan Keeton</b>  <u><b>Part presentation, part song circle</b></u>	<b>"That little instrument - The uke can do it, Part two.</b> Keeping the uke simple so you can go home w/something to keep & work on to improve yr uke playing. <b>Steve Britten</b> <u><b>Workshop</b></u>
4:45-6:00	<b>HAT BANDS PRACTICE TIME</b>			
6:00-7:00	<b>DINNER</b> ( <i>Dining Room</i> )			
7:30-9:45	<b>CONCERT</b> ( <i>Alex. Hall</i> )			
9:45-10:15	<b>SNACK TIME</b> ( <i>Dining Hall</i> )			
10:30-12:00	<b>ENGLISH COUNTRY DANCE</b> ( <i>Alexandra Hall</i> ) Led by Peggy Roe			
10:15 on	<b>BREAKOUT SESSIONS</b> <i>Please sign up at Reg. desk for room allocation + take paper for door sign</i>			

**VFSS RETREAT SCHEDULE SUNDAY Oct. 2<sup>nd</sup>. 2016 \*FF=Family Friendly**

	<b>Alexandra Hall</b>	<b>Longhouse Upstairs</b>	<b>Media Room</b>	<b>Longhouse Downstairs</b>
<b>8:30-9:30</b>	<i>BREAKFAST (Dining Room)</i>			
<b>9:40-11:00</b>	<b>Gospel Singalong with Mary</b>  <b>Mary Armitage</b>  <u><i>Singalong *FF</i></u>	<b>Celtic Circle</b>  <b>Mary Garvey</b> <u><i>Song Circle</i></u>	<b>"Following the Sun: Songs &amp; Stories of the Tropics"</b>  <b>David Lowe &amp; friends</b>  <u><i>Part presentation, Part song circle</i></u>	<b>Songs about past &amp; current efforts to create, govern, &amp; protect all sorts of commons &amp; to resist enclosures. Pat Howard &amp; Lyn Pinkerton</b> <u><i>A balance of presentation &amp; song sharing</i></u>
<b>11:10-12:40</b>	<b>Shanty Singing session led by Elizabeth</b>  <b>Elizabeth Dunn</b>  <u><i>Singalong *FF</i></u>	<b>"Stone soup" – An opportunity to share any last fine musical ingredients.</b>  <b>Allison Campbell</b>  <u><i>Song Circle</i></u>	<b>Writing zipper songs led by Earle Peach &amp; members of Solidarity Notes Labour Choir</b>  <b>Earle Peach</b>  <u><i>Workshop</i></u>	<b>Breakout Session</b>  <u><i>Reservable</i></u> <i>Please sign up at Reg. desk</i>
<b>12:50-1:00</b>	<i>FINAL SONG CIRCLE &amp; GOODBYES (Alex. Hall )</i>			
<b>1:00-2:00</b>	<i>LUNCH (Dining Room)</i>			
<b>2:00-2:45</b>	<i>FINAL CLEANUP Please bring garbage/ recyclables to Alexander Hall</i>			
<p><i>Thank you for taking part in the retreat. Please make sure you take ALL your belongings. May you have a good safe journey home.</i></p>				